



Performance Programme Monthly Report October 2013



Competition Reports

SSRA Air Rifle Grand Prix				
Discipline(s)	Rifle			
Dates	13 October			
Country/venue	UK, Glenrothes			
Results		Match 1	Match 2	Final
	Sheena Sharp	377/393.5	376/394.9	177.1 3 rd
	Sarah Henderson	380/398.0	384/401.4	DNS
	Maria Bexley	383/398.1	380/397.8	197.2 1 st
	Sarah Brown	377/394.2	375/391.8	114.0 6 th
	Bobby Spence	575/602.2	573/599.8	135.1 5 th
Outline of travel and accommodation logistics	A domestic competition so all arranged by the athletes themselves.			
Outline of Competition logistics	This competition was shot on Megalinks erected in the Glenrothes range specially for the match. The Qualification rounds are not squadded in that the athletes can choose/request a specific relay to shoot on. The final and Qualification relays shot to the new rules.			
Coach(es) & Support Staff	None			
Report submitted by	Sinclair Bruce			

Scottish Championship (Double Trap)	
Discipline(s)	Shotgun
Dates	26 October
Country/venue	Scotland/Kippen
Results	Calum Fraser Scottish Champion: 27/25/22/27/26 = 127 Equal PB and new record in Scotland. Max Jeffrey R/U and Junior Champion: 23/24/25/23/27 = 122 Stuart Donaldson: 3 rd ; 17/23/18/23/22 = 103 Sharon Niven: Ladies Champion: 21/16/20/24/17 = 98 or 81 x 120 Linda Pearson: 19/18/16/19/21 = 93 or 72 x 120
Outline of travel and accommodation logistics	A domestic competition so all arranged by the athletes themselves.
Outline of Competition logistics	Run to ISSF Rules.
Coach(es) & Support Staff	None
Report submitted by	Iain MacGregor

British Pistol Club Meeting incorporating Scottish 50m Pistol Championships	
Discipline(s)	Pistol
Dates	26-27 October
Country/venue	BPC, Bisley
Results	Air Pistol Ritchie – 571; Goodall – 557; Brownlie 558 (368); 50m Pistol Ritchie – 523 (2 nd); Goodall 519 (4 th);
Outline of travel and accommodation logistics	Own arrangements
Outline of Competition logistics	N/A
Coach(es) & Support Staff	None
Report submitted by	John Leighton-Dyson

Training Activities

High Performance Squads Camp	
Discipline(s)	All
Dates	5 – 6 October
Country/venue	UK, Cluny Clays
Athletes	Mike Barlow, Maria Bexley, Sarah Brown, Caroline Brownlie, Sian Bruce, David Caughey, Drew Christie, Fiona Crowden, Adam Dove, Stuart Donaldson, Calum Fraser, Alan Goodall, James Henderson, Sarah Henderson, Max Jeffrey, Jess Liddon, Kirsty Liddon, Bruce Logan, Shona Marshall, Catriona McGregor, Jen McIntosh, Seonaid McIntosh, Angus McLeod, Melvin Mutch, Sharon Niven, David Owen, Linda Pearson, Alan Ritchie, Sheena Sharp, Ian Shaw, Neil Stirton, Matthew Thomson, Greg Trowell, Ben Wilson
Coach(es) & Support Staff	Donald McIntosh, Sinclair Bruce, John Leighton-Dyson, Iain MacGregor, Lindsay Peden, Lesley Dawson, Maggie Hendry, Kris Dun, Craig Fail, Elinor Middlemiss, Nigel Hetherington, Fiona McNeilly, James Saker

Training Camp	
Discipline(s)	Pistol
Dates	7 October
Country/venue	Callander TSC
Athletes	Alan Ritchie, David Owen
Coach(es) & Support Staff	John Leighton-Dyson

Training Camp	
Discipline(s)	Rifle
Dates	15 – 21 October
Country/venue	USA, West Virginia University, Morgantown
Athletes	Jonathan Hammond
Coach(es) & Support Staff	Sinclair Bruce

Training Camp	
Discipline(s)	Pistol
Dates	25 – 27 October
Country/venue	Callander TSC
Athletes	Jess Liddon, Kirsty Liddon, Alan Ritchie, David Owen
Coach(es) & Support Staff	John Leighton-Dyson, Kris Dunn

Domestic Training	
Discipline(s)	Shotgun
Dates/Venues	12 th October : Niven, Trowell, Fraser 19 th October: Niven, Trowell, Fraser 25 th October: Fraser, Jeffrey, Pearson, Wilson, Christie
Coach(es) & Support Staff	Iain MacGregor

Commonwealth Games 2014

The Minimum Consideration Standards (MCS) using Decimal Scoring for 10m Air Rifle Men & Women and 50m Rifle Prone Men were calculated and the MCS for the Shotgun events were revised – all based on scores shot by Commonwealth athletes at the ISSF World Cups and ISSF World Championships during 2013.

Eight athletes were selected by Commonwealth Games Scotland in Phase 1 of the selection process, and announced formally by Commonwealth Games Scotland at a press conference held at the University of Edinburgh's Centre for Sport and Exercise:

- Caroline Brownlie – 10m Air Pistol Women
- Sian Bruce – Skeet Women
- Shona Marshall – Trap Women
- Jennifer McIntosh – 10m Air Rifle Women & 50m Rifle 3P Women
- Jonathan Hammond – 50m Rifle 3P Men
- Angus McLeod – Fullbore Rifle
- Ian Shaw – Fullbore Rifle
- Neil Stirton – 50m Rifle Prone Men

In addition to those selected, the following athletes have achieved the Minimum Consideration Standard in one or more events for Glasgow:

- Andrew Addison
- Jonty Barron
- Maria Bexley
- Sarah Brown
- Dave Caughey
- Fiona Crowden
- James Henderson
- Sarah Henderson
- Bruce Logan
- John MacDonald
- Mel Mutch
- Sheena Sharp
- Bobby Spence

- Matt Thomson

The following athletes have achieved at least one score at least equal to the MCS:

- Drew Christie
- Adam Dove
- Seonaid McIntosh
- Linda Pearson
- Jonathan Reid

Coming Up

01-Nov	03-Nov	Pistol	Welsh 10m Championships	Cardiff
10-Nov	10-Nov	Rifle	SSRA Air GP	Kincardine
16-Nov	17-Nov	Pistol	BPC Open	Bisley
17-Nov	17-Nov	Pistol	SPA GP	Callander
23-Nov	24-Nov	Rifle, Pistol	Surrey 10m	Bisley

Programme Administration

A busy start to the month with the STS nomination meeting followed immediately by the Performance Squads weekend at Cluny Clays, which took considerable preparation and was deemed a success.

The format of the regular Coaches meeting continues to evolve, with additional support staff from the **sportscotland** Institute of Sport now attending as a matter of course now.

Undertook a second site visit to the satellite village site in Carnoustie, and attended the Commonwealth Games Scotland staff camp in Glasgow.

Donald McIntosh
Performance Manger