



Performance Programme Monthly Report November 2013



Competition Reports

Welsh Air Gun Championships													
Discipline	Rifle & Pistol												
Dates	1 st – 3 rd November 2013												
Venue/Country	Cardiff, Wales												
Results	<table border="1"> <thead> <tr> <th></th> <th>Match 1</th> <th>Match 2</th> <th>Final</th> </tr> </thead> <tbody> <tr> <td>Sarah Henderson</td> <td>378/397.9</td> <td>385/401.4</td> <td>DNQ</td> </tr> <tr> <td>Sarah Brown</td> <td>375/395.2</td> <td>382/400.6</td> <td>DNQ</td> </tr> </tbody> </table> <p>Ritchie – 581, 576, 575, 556; 172.5 in final (3rd) Owen – 569, 569, 563, 562; 111.8 in final (6th) Brownlie 375, 369; 170.3 in final (3rd) Goodall 570, 565, 560, 557; Liddon K. - 369, 367, 366; 109.5 in final (6th) Liddon J. – 364, 351, 347; 183.8 in U21 final (2nd)</p>		Match 1	Match 2	Final	Sarah Henderson	378/397.9	385/401.4	DNQ	Sarah Brown	375/395.2	382/400.6	DNQ
	Match 1	Match 2	Final										
Sarah Henderson	378/397.9	385/401.4	DNQ										
Sarah Brown	375/395.2	382/400.6	DNQ										
Outline of travel and accommodation logistics	Domestic competition so organised by the athletes themselves.												
Outline of Competition logistics	<p>Competition run on paper targets (and scored electronically), with finals on electronic targets.</p> <p>Timings were as required by the ISSF and the competition was run by qualified officials.</p>												
Coach(es) and Support Staff	John Leighton-Dyson												
Report Submitted By	Sinclair Bruce & John Leighton-Dyson												

SSRA Air Rifle Grand Prix																									
Discipline	Rifle																								
Dates	10 th November 2013																								
Venue/Country	Alloa, Scotland																								
Results	<table border="1"> <thead> <tr> <th></th> <th>Match 1</th> <th>Match 2</th> <th>Final</th> </tr> </thead> <tbody> <tr> <td>Jennifer McIntosh</td> <td>395/414.4</td> <td></td> <td>181.3 1st</td> </tr> <tr> <td>Sheena Sharp</td> <td>381/399.8</td> <td>369/393.4</td> <td>178.9 2nd</td> </tr> <tr> <td>Sarah Henderson</td> <td>380/398.7</td> <td>374/393.4</td> <td>DNS</td> </tr> <tr> <td>Sarah Brown</td> <td>385/403.2</td> <td>381/398.2</td> <td>DNS</td> </tr> <tr> <td>Seonaid McIntosh</td> <td>370/388.3</td> <td></td> <td>158.9 3rd</td> </tr> </tbody> </table>		Match 1	Match 2	Final	Jennifer McIntosh	395/414.4		181.3 1 st	Sheena Sharp	381/399.8	369/393.4	178.9 2 nd	Sarah Henderson	380/398.7	374/393.4	DNS	Sarah Brown	385/403.2	381/398.2	DNS	Seonaid McIntosh	370/388.3		158.9 3 rd
	Match 1	Match 2	Final																						
Jennifer McIntosh	395/414.4		181.3 1 st																						
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Sarah Brown	385/403.2	381/398.2	DNS																						
Seonaid McIntosh	370/388.3		158.9 3 rd																						

	There was an administrative error during the running of the final and only 18 shots were fired.
Outline of travel and accommodation logistics	Domestic competition so organised by the athletes themselves.
Outline of Competition logistics	<p>Electronic targets were taken to and set up on the range at Alloa, thus giving the athletes something more akin to an international feel to it and a valid target system on which to record scores.</p> <p>Timings were as per the ISSF rules.</p> <p>Athletes had the opportunity to shoot more than one match should they wish though the Qualification for the final was nominated beforehand. One difference here was that the Qualification for the final was a 60 shot match regardless of gender. This is (currently) the norm for SSRA GPs. However for recording purposes I use the first 40 shots of the 60 for women.</p>
Coach(es) and Support Staff	None, event run by SSRA officials and support people.
Report Submitted By	Sinclair Bruce

British Pistol Club Meeting	
Discipline	Pistol
Dates	16 th & 17 th November 2013
Country/venue	BPC Bisley, Surrey
Results	Brownlie 376; Goodall 561
Outline of travel and accommodation logistics	Own arrangements
Outline of Competition logistics	Domestic Competition, all run on electronic targets. No finals.
Coach(es) and Support Staff	None
Report Submitted By	John Leighton-Dyson

Scottish Grand Prix	
Discipline	Pistol
Dates	17 th November 2013
Country/venue	Callander, Scotland
Results	Owen 567, 563; Ritchie 562, 557; Liddon K. 374, 369
Outline of travel and accommodation logistics	Own arrangements
Outline of Competition logistics	Domestic Competition, all run on paper targets. No finals.
Coach(es) and Support Staff	None
Report Submitted By	John Leighton-Dyson

Surrey Air Gun Championships																
Discipline	Rifle & Pistol															
Dates	23 rd & 24 th November 2013															
Venue/Country	Lord Roberts House, Bisley Camp															
Results	<table border="1"> <thead> <tr> <th></th> <th>Match 1</th> <th>Match 2</th> <th>Match 3</th> <th>Match 4</th> </tr> </thead> <tbody> <tr> <td>Sarah Henderson</td> <td>378/400.4</td> <td>382/397.7</td> <td>380/400.3</td> <td>385/397.3</td> </tr> <tr> <td>Seonaid McIntosh</td> <td>384/402.5 Final: DNS</td> <td>381/398.8</td> <td></td> <td></td> </tr> </tbody> </table> <p>Goodall 560, 563, 546, 553; DNS in final. Owen 555, 564, 568; DNS in final. Liddon K. 363, 367, 364; 107.9 in final (6th) Liddon J. 358, 363, 362; Brownlie 376, 372. 168.6 in final (3rd)</p>		Match 1	Match 2	Match 3	Match 4	Sarah Henderson	378/400.4	382/397.7	380/400.3	385/397.3	Seonaid McIntosh	384/402.5 Final: DNS	381/398.8		
	Match 1	Match 2	Match 3	Match 4												
Sarah Henderson	378/400.4	382/397.7	380/400.3	385/397.3												
Seonaid McIntosh	384/402.5 Final: DNS	381/398.8														
Outline of travel and accommodation logistics	Domestic competition so organised by the athletes themselves.															
Outline of Competition logistics	Shot on electronic targets but scored on an Integer basis, decimal scores for rifle taken from the paper tally rolls produced.															
Coach(es) and Support Staff	Donald McIntosh (GBR Rifle) & John Leighton-Dyson															
Report Submitted By	Sinclair Bruce & John Leighton-Dyson															

Training Activities

Training Camp	
Discipline(s)	Pistol
Dates	8 – 10 November
Country/venue	Callander TSC
Athletes	Alan Ritchie, David Owen, Jess Liddon, Kirsty Liddon
Coach(es) & Support Staff	John Leighton-Dyson

Training Camp	
Discipline	Rifle
Dates	15 th – 18 th November 2013
Venue/Country	Meadowbank, Scotland
Athletes Attending	Neil Stirton, Bobby Spence, Jonty Barron, Sheena Sharp, Maria Bexley, Seonaid McIntosh, Fiona Crowden
Coaches & Support Staff	Sinclair Bruce

Training Camp	
Discipline	Shotgun
Dates	17 th – 21 st November 2013
Venue/Country	Lisbon, Portugal
Athletes Attending	Calum Fraser, Sharon Niven, Stuart Donaldson, Drew Christie, Ben Wilson
Coaches & Support Staff	Iain MacGregor

Training Camp	
Discipline	Rifle
Dates	25 th Nov – 2 nd December 2013
Venue/Country	Morgantown, West Virginia, USA
Athletes Attending	Jonathan Hammond
Coaches & Support Staff	Sinclair Bruce, Darren Hide & Maggie Hendry

Training Camp	
Discipline(s)	Pistol
Dates	29 th November – 1 st December
Country/venue	Callander TSC
Athletes	Alan Ritchie, David Owen, Jess Liddon, Kirsty Liddon, Caroline Brownlie
Coach(es) & Support Staff	Tim Liddon

Domestic Training	
Discipline(s)	Shotgun
Dates/Venues	9 th November – Kippen – Max Jeffrey, Calum Faser, Sharon Niven, Greg Trowell, Ben Wilson, Andrew Addison 12 th November – Auchterhouse – Sian Bruce and Drew Christie 23 rd November : Auchterhouse – Sian Bruce and Drew Christie 28 th November – Auchterhouse – Sian Bruce and Drew Christie 30 th November – Kippen – Drew Christie, Sharon Niven, Stuart Donaldson, Andrew Addison, Max Jeffrey, Greg Trowell
Coach(es) & Support Staff	Iain MacGregor

Commonwealth Games 2014

In addition to those selected last month, the following athletes have achieved the Minimum Consideration Standard in one or more events for Glasgow:

- Andrew Addison
- Jonty Barron
- Maria Bexley
- Sarah Brown
- Dave Caughey
- Fiona Crowden
- James Henderson
- Sarah Henderson

- Bruce Logan
- John MacDonald
- Mel Mutch
- Alan Ritchie
- Sheena Sharp
- Bobby Spence
- Matt Thomson

The following athletes have achieved at least one score at least equal to the MCS:

- Drew Christie
- Adam Dove
- Kirsty Liddon
- Seonaid McIntosh
- Linda Pearson
- Jonathan Reid

Coming Up

06-Dec	09-Dec	Rifle	Training Camp	Meadowbank
08-Dec	08-Dec	Fullbore	SCATT Training	Bisley
08-Dec	08-Dec	Rifle	SSRA Air GP	Glenrothes
11-Dec	14-Dec	Rifle, Pistol	RIAC	Luxembourg
11-Dec	18-Dec	Shotgun	Training Camp	Malaga, ESP
15-Dec	15-Dec	Pistol	SPA Air GP	Glenrothes

Programme Administration

A very busy month, with much preparatory work for the 2013/14 season being undertaken. The commissioning of the 50m Indoor facility at Meadowbank was a major milestone and a huge step forward.

Donald McIntosh
Performance Manger